

2025-2026

ANNUAL REPORT

INDIAN PROGRESSIVE YOUTH FORUM TRUST

Registered under Indian Trusts Act, 1882

Registration Number: 520-4-2012

Registered with DEPWD, UP

Strengthening Systems
Strengthening Outcomes

| Expanding Access



MESSAGE FROM THE CHAIRPERSON

The financial year 2025–26 was a period of consolidation, expansion and system strengthening for IPYF Trust. Building upon the foundational growth achieved in the previous year, the organisation transitioned towards accessible models of service delivery, with a strong emphasis on digital integration, rural outreach, and institutional partnerships. A key highlight of the year was the operationalisation of the *Hausla Connect* model, which enabled structured school-based interventions and teleconsultation services across urban and rural geographies. The Trust also strengthened its academic and institutional collaborations through MoUs with higher education institutions, thereby enhancing capacity-building initiatives and formalising certification pathways.



Dr. S. S. H. Kazmi
Chairperson IPYF Trust

The year further witnessed significant strengthening of IPYF's institutional and regulatory framework. The achievement of CSR Registration and approvals from the Healthcare Sector Skill Council marked important milestones in standardising training programmes and service delivery systems, while also expanding opportunities for partnerships, funding, and large-scale implementation. The successful organisation of the 7th IMHRC International Conference reinforced IPYF's role as a platform for academic exchange and policy dialogue in mental healthcare and rehabilitation. In parallel, internal systems for programme monitoring, supervision, and quality assurance were strengthened to ensure consistency, accountability, and outcome-oriented service delivery.

Additionally, the expansion of community-based programmes—including health camps, disability awareness initiatives, and environmental campaigns—reflected the Trust's commitment to holistic and community-centric development. Initiatives such as plantation drives and public awareness efforts highlighted the interlinkages between environmental health, mental wellbeing, and social resilience. As the organisation progressed, it continued to focus on scaling impact through integrated service delivery models, strengthening workforce capacity, and ensuring equitable access to quality mental healthcare and rehabilitation services, while positioning itself as a responsive and future-oriented institution.

ABOUT INDIAN PROGRESSIVE YOUTH FORUM (IPYF) TRUST

Indian Progressive Youth Forum (IPYF) Trust is a not-for-profit organisation established in 2012 under the Indian Trusts Act, 1882, committed to strengthening equitable access to health & mental healthcare, early intervention, disability support, and rehabilitation services. The Trust is registered with the Department of Empowerment of Persons with Disabilities, Government of Uttar Pradesh, and holds valid registrations under Sections 12A and 80G of the Income Tax Act, 1961, along with MSME and CSR registration.

IPYF adopts an integrated, multi-vertical approach that combines mental healthcare, child development and rehabilitation, and community-based livelihood support to address both clinical needs and broader determinants of wellbeing. Through its core verticals—Indian Mental Health and Research Centre (IMHRC), Hausla Early Intervention & Neuropsychological Rehabilitation Centre (EIC), and Krishi Evam Kisan Vikas Samiti—the Trust delivers a continuum of services including early identification, assessment, intervention, rehabilitation, capacity building, research, and community outreach.

The organisation implements innovative service delivery models, including hub-and-spoke systems and teleconsultation platforms, to ensure accessible, continuous, and multidisciplinary care across urban and rural settings. By integrating life skills, mental health, education, and livelihood-oriented initiatives, IPYF works towards enabling holistic development, wellbeing, and future readiness for individuals and communities.

Vision

To build an inclusive and equitable society where every individual attains holistic development, health, and wellbeing, and is equipped for future readiness, empowering them to lead independent, dignified, and productive lives.

Mission

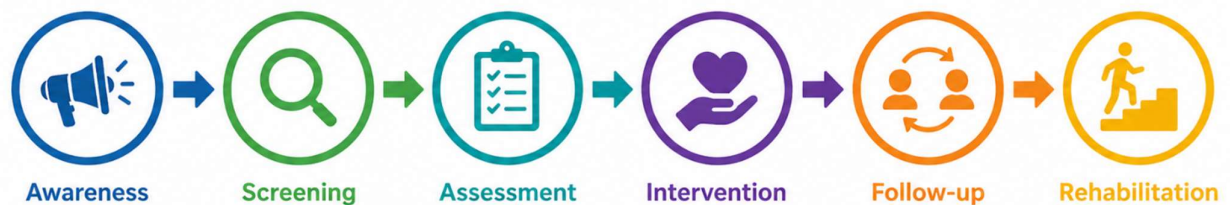
- Promote holistic development, life skills, and future readiness
- Provide accessible, evidence-based health and mental healthcare services
- Strengthen school and community systems through outreach and capacity building programmes
- Promote skill development and job readiness for individuals and communities

Objectives

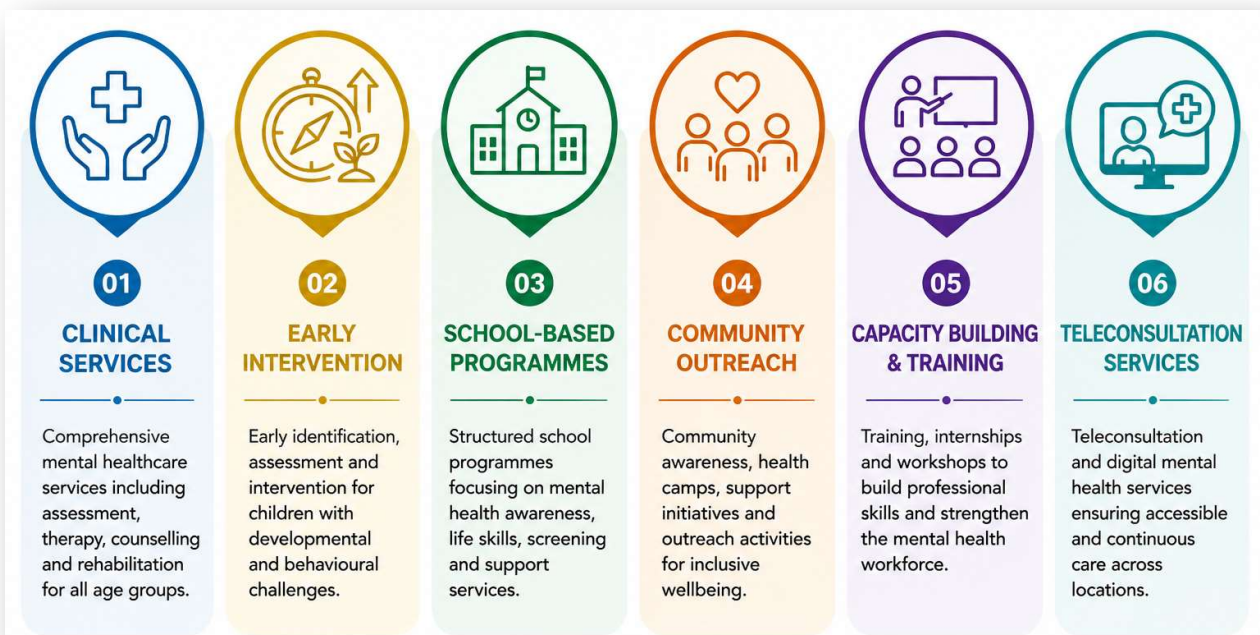
- Provide accessible, evidence-based mental healthcare and ensure early identification, intervention, and rehabilitation for children with disabilities
- Promote holistic development, life skills, psychosocial wellbeing, and future readiness
- Strengthen school and community systems through outreach, awareness, and capacity building programmes
- Promote skill development, vocational readiness, and livelihood opportunities while reducing stigma around mental health and disability

OUR APPROACH

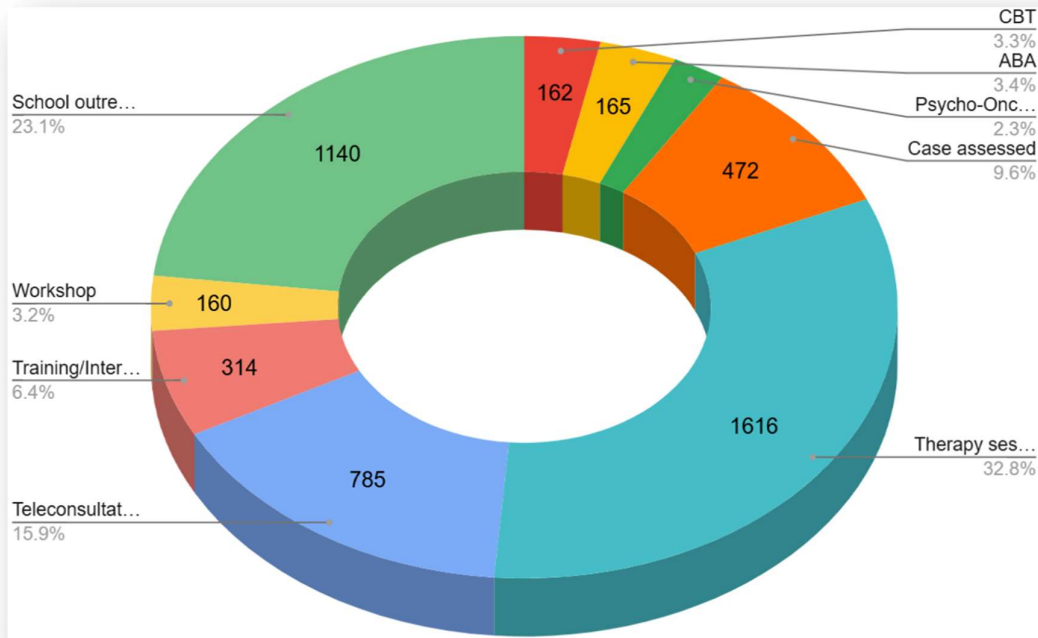
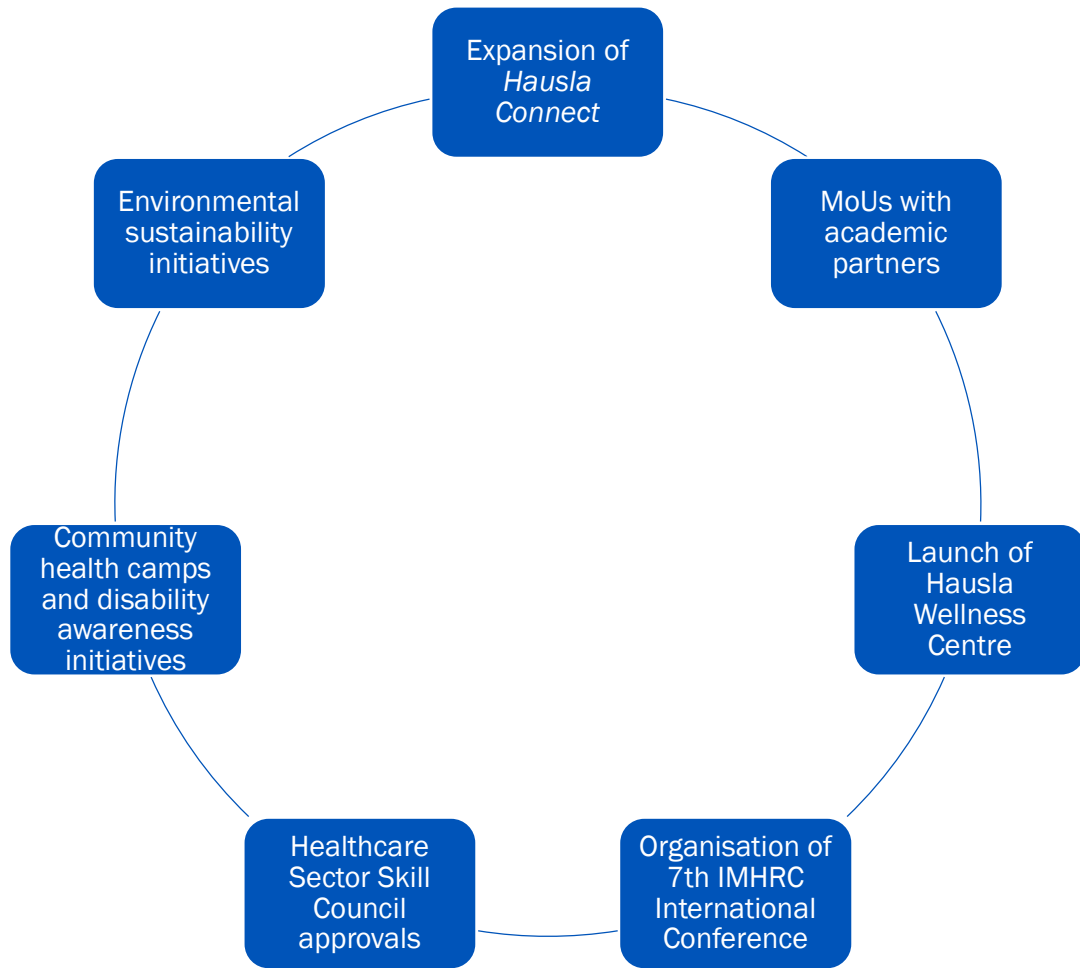
IPYF continues to follow a **continuum-of-care model**:



Our service delivery channels



THE YEAR 2025–26: AT A GLANCE



OUR INITIATIVES

The 7th IMHRC International Conference on ***“Mental Healthcare & Rehabilitation: National & Global Imperatives”***, organised from 26–28 September 2025 at Shia P.G. College, Lucknow marked a significant academic and professional milestone for IPYF Trust. The conference was accredited with the Rehabilitation Council of India for CRE points and witnessed participation from 360+ academicians, clinicians, researchers, and students from across India and abroad. The conference aimed to promote evidence-based practices, interdisciplinary collaboration, and innovative approaches in mental healthcare and rehabilitation.

The conference was conducted under the leadership of **Prof. S. Z. H. Zaidi** (Director, AIBAS & AIRS, Amity University Lucknow Campus) as Conference Chairperson and **Prof. (Dr.) S. Shabihe Raza Baqri** (Principal, Shia P.G. College, Lucknow) as Conference Director. The inaugural and plenary sessions were graced by eminent dignitaries including **Dr. Yasooob Abbas** (Secretary, Majlis-e-Ulema, Shia P.G. College, Lucknow) and **Mr. Rajesh K. Mishra** (Deputy Director, Department of Empowerment of Persons with Disabilities, Government of Uttar Pradesh).

The conference brought together a diverse panel of national and international experts from premier institutions. Key speakers included **Prof. Richard Rose** (University of Northampton, UK), **Dr. Tara Overzat** (CEO, Getting Overzat LLC, USA), **Ms. Sajna Sajan** (Essex County Council, UK), and **Dr. Babita Parashar** (Academic Director, American School of Angola), reflecting strong global participation. National experts included **Prof. (Dr.) Devvarta Kumar** (NIMHANS, Bengaluru), **Prof. (Dr.) Aarti Jagannathan** (NIMHANS), **Prof. (Dr.) Rakesh Kumar Tripathi** and **Prof. (Dr.) Nishamani Pandey** (KGMU, Lucknow), **Dr. Prasad Kannekanti** (KGMU, Lucknow), **Prof. (Dr.) Aleem Siddiqui** and **Prof. (Dr.) Krishna Dutt** (Era University, Lucknow), **Prof. (Dr.) Zeba Aqil** and **Prof. (Dr.) Naseem Ahmad** (Integral University, Lucknow), and **Prof. (Dr.) Kamini C. Tanwar** (Amity University, Gurugram).

The conference also featured contributions from a wide range of professionals across clinical, academic, and community domains, including **Dr. Abhay Singh** (Balrampur Hospital, Lucknow), **Dr. Himangshu Das** (Former Director, NIEPVD, Govt. of India), **Dr. Ravi Prakash Singh** (NIEPID, Navi Mumbai), **Dr. Naveen Singh** (Dr. Harisingh Gour Central University, Sagar), **Dr. Ram Shanker Saxena** (Amity University, Noida), **Dr. Nadeem Kirmani** and **Dr. Mehfooz Ahmad** (Amity University, Gurugram), **Dr. Abid Husain** (Jamia Millia Islamia, New Delhi), **Dr. Mrutyunjaya Mishra** (Dr. Shakuntla Misra National Rehabilitation University, Lucknow), **Dr. Shazia Siddiqui** (Healthy Minds, Lucknow), **Dr. Amita Dubey** (National Association for the Blind, Lucknow), along with school leaders including **Dr. Poonam Gautam**, **Mrs. Hema Kalakoti**, and **Mrs. Mandvi Tripathi**, and other distinguished contributors representing multidisciplinary perspectives.

A major highlight of the conference was its strong academic engagement, with 200+ research paper presentations conducted through oral, poster, and symposium formats. The conference also

featured panel discussions and focused group discussions on key themes such as child and adolescent mental health, neurodevelopmental disorders, inclusive education, community-based rehabilitation, substance use, and geriatric mental health. Academic excellence was recognised through 30+ prestigious research awards with citations and cash prizes, including the Dr. A.P.J. Abdul Kalam Award for Excellence in Research, Dr. Kalbe Sadiq Award, Mrs. Shahida Khatoon Memorial Award, and Young Clinical Psychologist and Emerging Scientist Awards, encouraging innovation and research excellence.

Prior to the conference, two Pre-Conference Workshops were conducted on 25 September 2025, strengthening the skill-based learning component. The online workshop on “Designing Effective Psychological Interventions: A Practical Framework for Research” was delivered by Dr. Kritika Rastogi (CHRIST University, Delhi NCR) under the chairpersonship of Prof. (Dr.) Waheeda Khan (SGT University). The second workshop on “Rorschach Inkblot Test: Unlocking the Unconscious” was conducted in physical mode by Dr. Geeta Singh (Clinical Psychologist) under the chairpersonship of Prof. (Dr.) Archana Shukla (University of Lucknow), providing hands-on training in advanced psychological assessment techniques.





International Conference on Mental Health Care and Rehabilitation and Global Imperative begins

@LUCKNOW NEWS
OUR CORRESPONDENT

LUCKNOW: The Institute of Mental Health and Rehabilitation Care (IMHRC), Shia P.G. College, today inaugurated the three-day International Conference on Mental Health Care and Rehabilitation and Global Imperative, running from 26th to 28th September 2025. The event brings together national and international experts, academicians, and policymakers to discuss contemporary mental health challenges and explore global evidence-based practices for care and rehabilitation.

The conference was inaugurated by Shri Rajesh Mishra, Deputy Director, Department of Empowerment of Persons with Disabilities, Government of Uttar Pradesh, who served



Dignitaries and international experts at the inauguration of the 3-day International Conference on Mental Health Care and Rehabilitation.

as the Chief Guest. In his address, Shri Mishra emphasized the need for inclusive, accessible, and sustainable mental health services. Dr. Abha Singh, Senior Psychiatrist at Balrampur Hospital and In-Charge of the District Mental Health Program, Lucknow, attended as the Guest of Honour and underscored the importance of integrating community-based approaches with clinical frameworks for effective re-

habilitation.

The event features distinguished international speakers, including Professor Richard Rose from the University of Northampton, UK, who spoke on "From Exclusion to Inclusion: Translating Policy into Practice", and Dr. Tara Overait from Mercer University, USA, who presented on "Post-Traumatic Growth and International Policy Frameworks for Mental Health Care".

Their sessions focused on translating global evidence into actionable policies and promoting resilience and recovery among individuals facing mental health challenges.

Over the course of three days, participants will deliberate on evidence-based practices, global policy frameworks, and innovative rehabilitation models to address mental health issues across diverse socio-economic contexts. The conference aims to foster collaboration and develop strategies that ensure dignity, inclusion, and empowerment for individuals affected by mental health conditions.

Among the notable attendees were Dr. Nandini Sharma, Dr. Garima Singh, Dr. Kashif Hasan, Dr. Kishna Dutt, and Dr. Agha Parvez Masih.

मानसिक स्वास्थ्य सेवाओं की जरूरत ज्यादा : राजेश

लखनऊ। मानसिक स्वास्थ्य देखभाल एवं पुनर्वास तथा वैश्विक अनिवार्यता पर तीन दिवसीय अंतरराष्ट्रीय सम्मेलन का उद्घाटन शिया पी.जी. कॉलेज स्थित मानसिक स्वास्थ्य एवं पुनर्वास संस्थान में किया गया। 28 सितंबर 2025

तक चलने वाला यह आयोजन राष्ट्रीय और अंतरराष्ट्रीय विशेषज्ञों, शिक्षाविदों और नीति निर्माताओं को समकालीन मानसिक स्वास्थ्य चुनौतियों पर चर्चा करने और देखभाल एवं पुनर्वास के लिए वैश्विक साक्ष्य-आधारित प्रथाओं का पता लगाने के लिए है। सम्मेलन का उद्घाटन उत्तर प्रदेश सरकार के दिव्यांगजन सशक्तिकरण विभाग के उप निदेशक और मुख्य अतिथि राजेश मिश्र ने किया। श्री मिश्र ने समावेशी, सुलभ और स्थायी मानसिक स्वास्थ्य सेवाओं की आवश्यकता पर बल दिया।

बलरामपुर अस्पताल की वरिष्ठ मनोचिकित्सक और लखनऊ जिला मानसिक स्वास्थ्य कार्यक्रम की प्रभारी डॉ. आभा सिंह ने मुख्य अतिथि के रूप में भाग लिया और प्रभावी पुनर्वास के लिए समुदाय-आधारित दृष्टिकोणों को



मानसिक स्वास्थ्य देखभाल व पुनर्वास तथा वैश्विक अनिवार्यता पर अंतरराष्ट्रीय सम्मेलन का शुभारम्भ

नैदानिक ढाँचों के साथ एकीकृत करने के महत्व पर प्रकाश डाला। प्रतिष्ठित अंतरराष्ट्रीय वक्ताओं में यूके के नॉर्थम्पटन विश्वविद्यालय के प्रोफेसर रिचर्ड रोज शामिल थे, जिन्होंने बहिष्कार से समावेशन तक नीति का

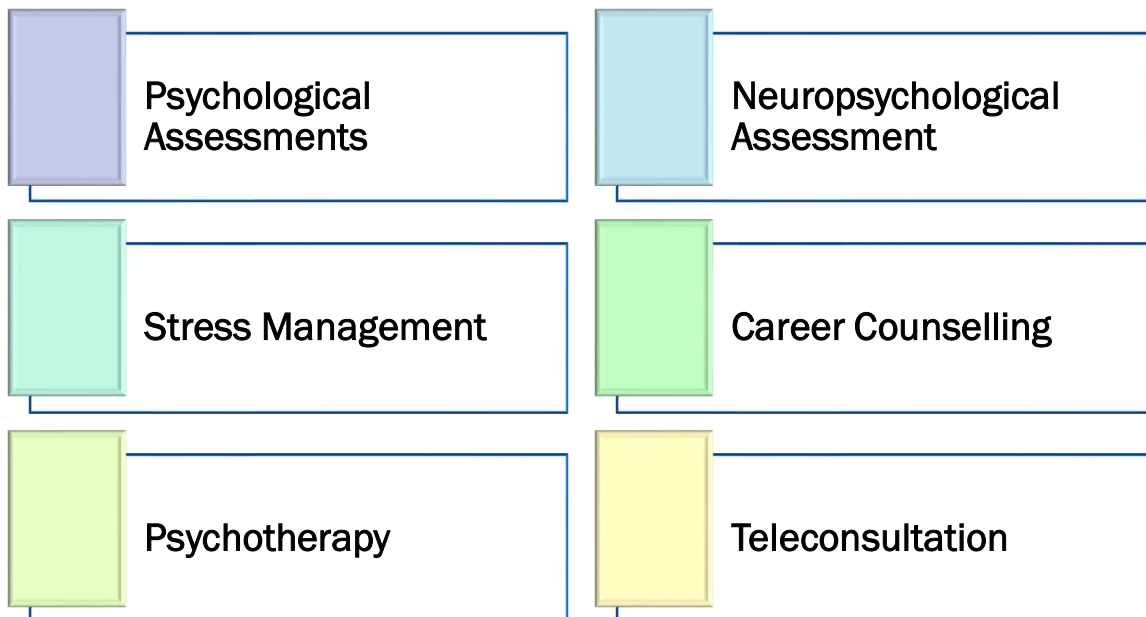
व्यवहार में अनुवाद विषय पर व्याख्यान दिया और अमेरिका के मर्सर विश्वविद्यालय की डॉ. तारा ओवरेत ने मानसिक स्वास्थ्य देखभाल के लिए अभिघातजन्य विकास और अंतरराष्ट्रीय नीति ढाँचे पर चर्चा की।

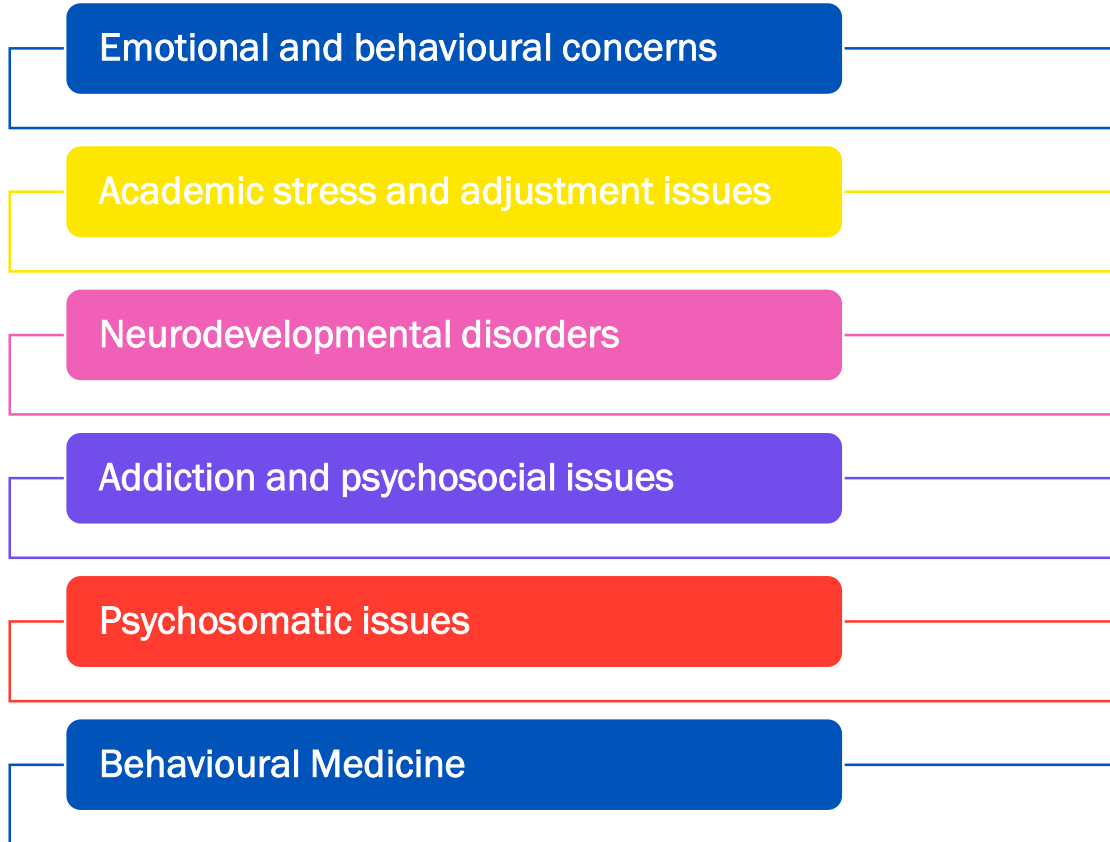
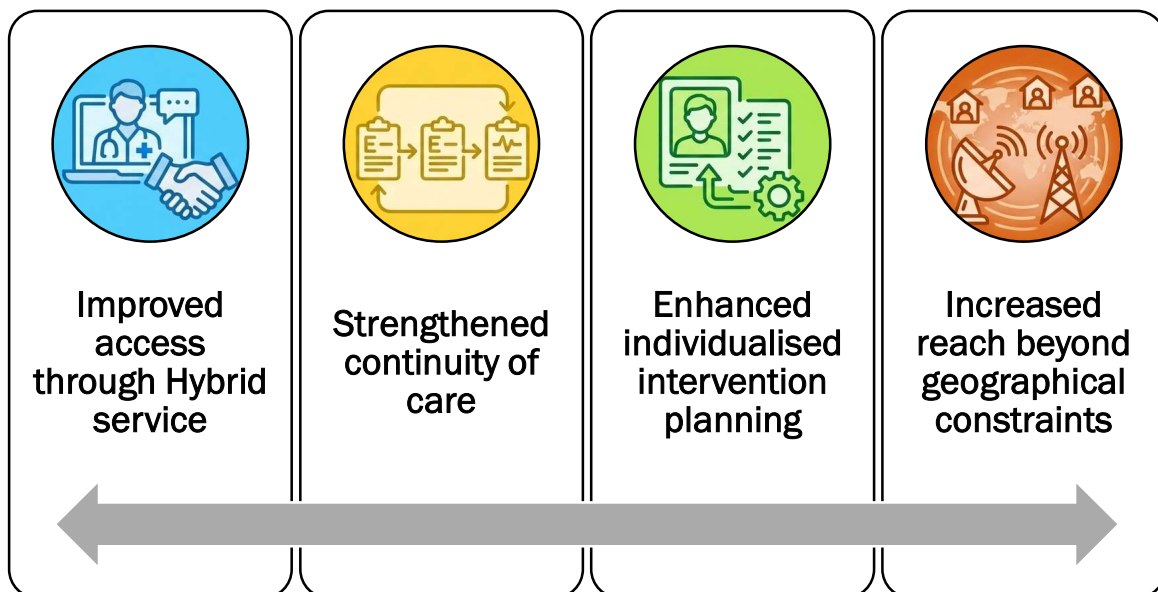
इस सम्मेलन का उद्देश्य सहयोग को बढ़ावा देना और ऐसी रणनीतियाँ विकसित करना है जो मानसिक स्वास्थ्य स्थितियों से प्रभावित व्यक्तियों के लिए सम्मान, समावेशन और सशक्तिकरण सुनिश्चित करें। सेमिनार में डॉ. नंदिनी शर्मा, डॉ. गरिमा सिंह, डॉ. काशिफ हसन, डॉ. किशना दत्त शामिल हुए।

MENTAL HEALTHCARE SERVICES (IMHRC)

IMHRC continued to serve as the core clinical service unit of IPYF Trust, offering multidisciplinary mental healthcare services across diverse population groups. The centre provided psychological assessment, counselling, psychotherapy, and behavioural interventions for children, adolescents, adults, and elderly individuals, addressing a wide range of concerns including emotional and behavioural difficulties, academic stress, neurodevelopmental conditions, substance use issues, and geriatric mental health challenges. Special emphasis was placed on early identification and intervention for children with developmental delays and learning difficulties, alongside psychosocial support for adolescents navigating academic and emotional transitions. For adults, services focused on stress, anxiety, depression, and adjustment-related concerns, while geriatric care addressed issues such as cognitive decline, loneliness, and age-related psychological vulnerabilities. The integration of teleconsultation services further enhanced accessibility, enabling continuity of care for beneficiaries in remote and underserved areas. IMHRC strengthened individualised care planning, improved treatment adherence, and reinforced a continuum-based approach to mental healthcare, thereby contributing to inclusive and accessible service delivery across the lifespan.

Services Delivered:



Focus Areas:**Outcome:**

MAJOR PROGRAMMES & ACTIVITIES

Sign Language Training Programme (25 May 2025)

Indian Sign Language Training Programme was organised at Hausla for special education students to strengthen inclusive communication skills and disability support competencies. The programme aimed to enhance understanding of communication needs among children with hearing impairment and promote inclusive educational practices.



MoU with Shia P.G. College, Lucknow

IMHRC unit of IPYF Trust signed a Memorandum of Understanding (MoU) with Shia P.G. College, Lucknow on 30 May 2025 for collaborative certification courses, academic activities, training programmes, and research initiatives in mental healthcare, rehabilitation, and allied fields. The collaboration strengthened academic networking and interdisciplinary capacity-building opportunities.



शिया पीजी कालेज व आईएमएचआरसी शुरू करेंगे एनईपी के अनुरूप तीन नए पाठ्यक्रम

लखनऊ। इंडियन मेन्टल हेल्थ एंड रिसर्च सेंटर (आईएमएचआरसी) तथा शिया पी.जी. कॉलेज ने राष्ट्रीय शिक्षा नीति (एनईपी) 2020 के अनुरूप तीन नए पाठ्यक्रम शुरू करने की घोषणा की है। ये पाठ्यक्रम कॉग्निटिव बिहेवियर थेरेपी, साइको-ऑन्कोलॉजी और एप्लाइड बिहेवियर एनालिसिस छात्रों की रोजगार योग्यता बढ़ाने तथा मानसिक स्वास्थ्य क्षेत्र में उनके विकास को सशक्त करने के लिए तैयार किए गए हैं। एनईपी 2020 के बहु-विषयक एवं कौशल-आधारित दृष्टिकोण को ध्यान में रखते हुए ये पाठ्यक्रम शैक्षणिक सिद्धांतों और व्यावसायिक अनुभव को जोड़ते हैं। ऑनलाइन व्याख्यानों, क्लिनिकल



अवलोकनों और फील्ड प्रैक्टिकम के माध्यम से छात्र अनुभवी मनोचिकित्सक, ऑन्कोलॉजिस्ट, विशेष शिक्षा विशेषज्ञ एवं पुनर्वास विशेषज्ञों के मार्गदर्शन में सीखेंगे। शिया पी.जी. कालेज के प्राचार्य प्रो. एस.एस.आर. वाकरी ने बताया कि ये पाठ्यक्रम एनईपी 2020 की व्यावहारिक और बहु-विषयक शिक्षा के हमारे दृष्टिकोण को साकार करते हैं। हम छात्रों को ऐसे कौशल सिखाते हैं, जिन्हें वे सीधे करियर में लागू कर सकें। डा. साजिद काजमी, निदेशक, आईएमएचआरसी ने समाज में मानसिक स्वास्थ्य पेशेवरों की बढ़ती आवश्यकता पर जोर दिया। मौलाना डा. यमूव अक्वास, सचिव, मजलिस-ए-उलमा, शिया पी.जी. कॉलेज ने कहा कि इन पाठ्यक्रमों से युवाओं को व्यावहारिक प्रशिक्षण मिलेगा और वे स्वास्थ्य सेवा क्षेत्र में नौकरी के नए अवसरों का लाभ उठा सकेंगे।

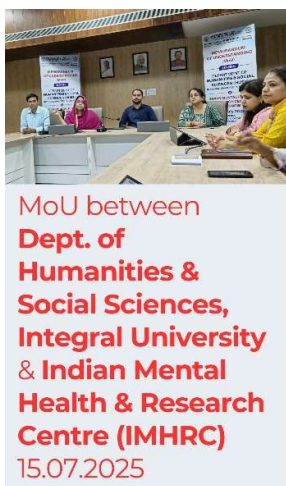
International Yoga Day Celebration (21 June 2025)

International Yoga Day was celebrated at Hausla with participation from students, professionals, parents, and community members. The programme focused on promoting holistic wellbeing, stress management, and preventive mental health through yoga and mindfulness-based practices.



MoU with Integral University, Lucknow (15 July 2025)

An MoU was signed with Integral University, Lucknow to strengthen collaborative activities in training, research, rehabilitation, and professional skill development. The partnership aimed to promote academic exchange and multidisciplinary learning opportunities for students and professionals.



Plantation Drive & Environmental Awareness Initiative (09 July 2025)

IPYF Trust organised a plantation drive as part of its environmental sustainability and community wellbeing initiatives. The activity aimed to



promote environmental awareness, ecological responsibility, and community participation while highlighting the relationship between environmental health and mental wellbeing.



Diwali Celebration

Diwali was celebrated on 20 October 2025 at Hausla in a joyful and inclusive manner with participation from children, families, therapists, and team members. The celebration included creative activities, cultural interaction, festive decoration, and awareness on safe and eco-friendly practices. The programme provided an opportunity to promote social inclusion, emotional wellbeing, and positive community engagement while creating a supportive and festive environment for children and families associated with the organisation.



Free Medical and Mental Health Camp & Awareness Rally (03 December 2025)

On the occasion of the International Day of Persons with Disabilities, IPYF Trust, Indian Mental Health and Research Centre (IMHRC), and Hausla Early Intervention Centre organised a Free Medical and Mental Health Camp along with an awareness rally at Hausla, Mahanagar, Lucknow. The programme focused on disability awareness, early screening, mental health support, and community sensitisation.



Free Screening & Assessment Camp

A 15-day Free Screening and Assessment Camp was organised jointly by Team Hausla and the Indian Mental Health and Research Centre from 01 January to 15 January 2026. The initiative provided free screening and assessment services, parent empowerment sessions, expert consultation by RCI-registered professionals and guidance for early intervention and rehabilitation planning.



Republic Day Celebration (26 January 2026)

Republic Day 2026 was celebrated at Hausla with enthusiasm and active participation from children, professionals, parents, and staff members. The programme included flag hoisting, cultural activities



and interactions highlighting the values of inclusion, equality, and social responsibility. The



celebration aimed to promote patriotism, community participation, and awareness regarding the rights and dignity of persons with disabilities.

Parent Empowerment Training & Support Group

Parent Empowerment sessions and support group meetings conducted at Hausla for parents of children with special needs. These sessions provided a safe and supportive platform for parents to share experiences, discuss challenges, and receive professional guidance from mental health and rehabilitation experts.

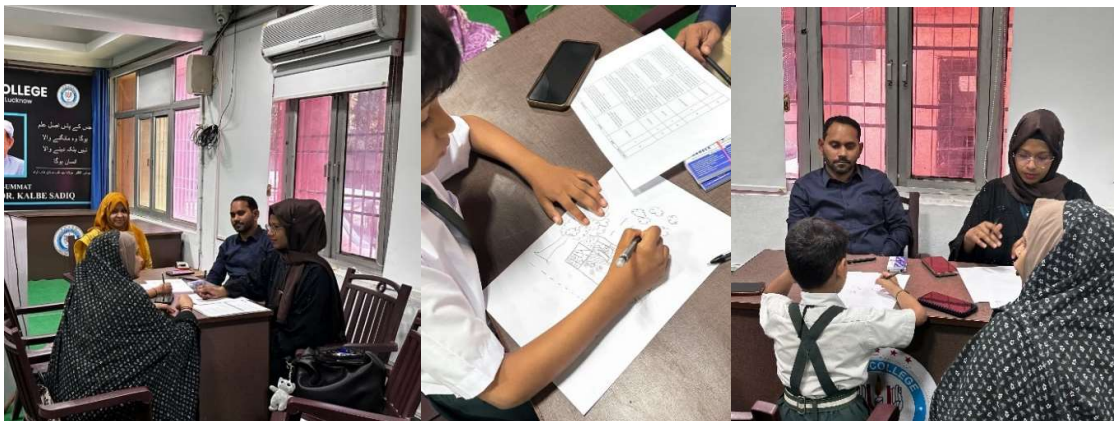


HAUSLA CONNECT PROGRAMME

The *Hausla Connect* initiative was implemented as a flagship programme during FY 2025–26, operationalising IPYF’s outreach activities in urban and rural parts of Uttar Pradesh to bridge the gaps in access to healthcare, mental healthcare and rehabilitation services across school and community settings. The programme integrated school-based interventions, community outreach, and teleconsultation services, ensuring a continuum of care across urban and rural geographies.

School Connect Programme (Urban Area)

This initiative focused on promoting mental health awareness, early screening, and school-based interventions. Structured activities included orientation sessions for students and teachers, basic psychological screening, and identification of children requiring further assessment and support.



School Connect Programme (Rural Area)

The rural outreach component extended services to 7 schools, emphasising early identification of neurodevelopmental and mental health concerns, referral pathways, and community engagement. The programme strengthened linkages between schools, families, and service providers, ensuring timely intervention in underserved settings.



Health & Mental Health Camp at Meerpur, Balrampur (14 February 2026)

A community-based Health and Mental Health Camp was organised in Meerpur on 14th February 2026 to strengthen rural outreach and provide accessible healthcare and mental health services. Services like medical health-check, mental health screening & assessment, early identification, psychoeducation, medicine distribution, disability related awareness activities, counselling, and referral support was extended to the underserved populations.

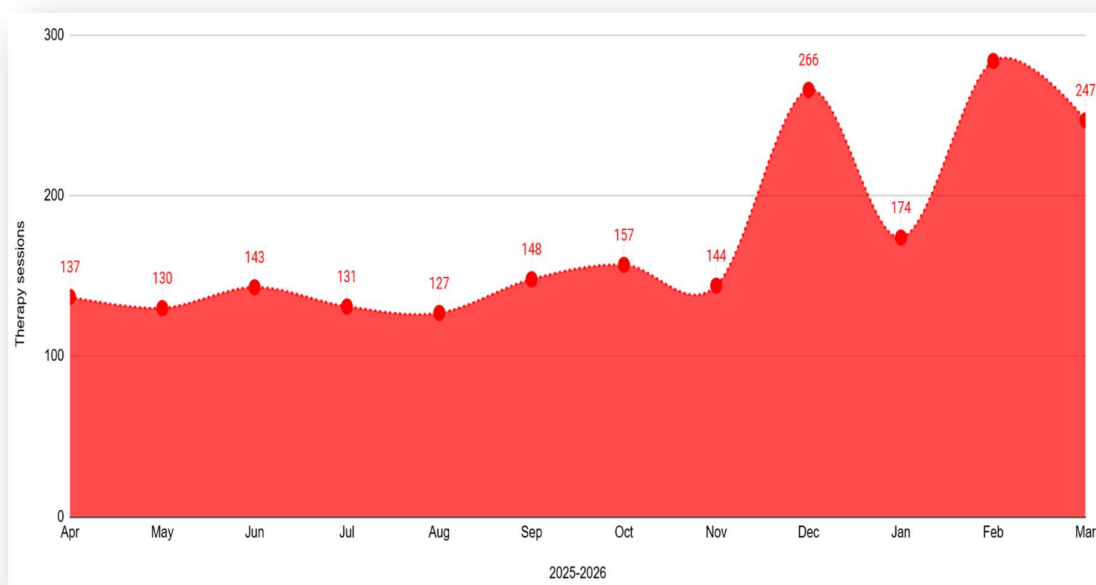


e-Connect: Rural Teleconsultation and Care Initiative

This digital extension enabled remote mental health consultations, follow-up care, and specialist access for rural populations. The initiative significantly improved accessibility, continuity of care, and multidisciplinary coordination, particularly for cases requiring ongoing monitoring and intervention.



Service Delivery:



Impact:

Expanding service reach

Strengthening early identification systems

Enhancing school mental health frameworks

Improving access to specialised care

HAUSLA WELLNESS CENTRE (HUB-SPOKE MODEL)

The **Hausla Wellness Center, Meerpur, Balrampur** established in September 2025, marked a strategic expansion of IPYF Trust's clinical and preventive mental healthcare services. Conceptualised within the organisation's hub-and-spoke service delivery model, the centre functions as a spoke unit connected to the central hub Hausla Early Intervention & Neuropsychological Rehabilitation Centre (EIC), Lucknow. This structure enabled streamlined referrals, coordinated care, and continuity of services, linking community-based outreach, schools, and teleconsultation services with specialised clinical support at the hub.

The Wellness Centre provided services including screening and early identification of at-risk cases of neurodevelopmental disorders, mental illnesses, learning disabilities, and other disabilities, along with counselling, stress management, and preventive mental health programmes. It also implemented school-based interventions, teacher training programmes, and awareness initiatives, particularly in rural communities, to promote early detection and preventive measures for disabling conditions and mental health concerns. These services complemented the specialised assessment and rehabilitation support available at the hub.

Through its integration with Hausla Connect, the centre strengthened accessibility, continuity of care, and multidisciplinary coordination, particularly for individuals requiring immediate support.



CAPACITY BUILDING & TRAINING PROGRAMMES

Teacher Training Programme “Screening and Early Identification of Disabilities in Children” at Balrampur, U.P.

1-Day Training Programme on “Screening and Early Identification of Disabilities in Children” was organised on 14th March 2026 by the Indian Mental Health and Research Centre (IMHRC) and IPYF Trust for Government School teachers of Balrampur district, Uttar Pradesh, under the directions of the District Basic Education Officer, Balrampur. Conducted through online platform, the programme focused on enhancing teachers’ understanding of the early signs and symptoms of neurodevelopmental disorders, learning disabilities, behavioural concerns, and other disabling conditions among children. The training also included orientation and training on the PRASHAST Tool for school-based screening and identification of children with disabilities and special educational needs. The programme emphasised the role of teachers in early screening, classroom observation, referral mechanisms, and inclusive educational practices, thereby strengthening school-based early intervention and preventive mental health initiatives in rural and underserved communities.



IPYF Trust **Indian Mental Health & Research Centre**

ज़िला बेसिक शिक्षा अधिकारी बलरामपुर निर्देशानुसार
(सं० मे० शि०/समावेशी/8137-42/2025-26 दिनांक 9.3 मार्च-2026)
जनपद बलरामपुर, उत्तर प्रदेश के प्राथमिक विद्यालय शिक्षकों हेतु
एक दिवसीय ऑनलाइन प्रशिक्षण

विषय: बच्चों में दिव्यांगता की स्क्रीनिंग एवं प्रारंभिक पहचान

दिनांक: 14.03.2026 (शनिवार)
समय: पूर्वाह्न 11:00 बजे

zoom

www.imhrc.org संपर्कसूत्र: 9415321254 8565001786

Concept & Types of Disabilities

प्रशस्त
विद्यार्थी के दिव्यांगता की जांच के लिए
विद्यार्थी के दिव्यांगता की जांच के लिए

Internship Programmes

During FY 2025–26, IPYF Trust successfully facilitated internship opportunities for 314 students and trainees from psychology, rehabilitation, special education, social sciences, and allied disciplines. The programmes focused on strengthening practical competencies through supervised clinical exposure, assessment training, community outreach participation, rehabilitation practices, and multidisciplinary learning experiences. Through structured mentorship and field-based learning, the initiative contributed towards professional skill development and capacity building in the areas of mental healthcare, disability support, and rehabilitation services.



Skill Enhancement Programmes

During FY 2025–26, IPYF Trust expanded its professional training initiatives through specialised Skill Enhancement Certification Programmes in emerging areas of mental healthcare and rehabilitation. A total of 162 participants successfully enrolled in the Cognitive Behaviour Therapy (CBT) programme, 165 participants completed training in Applied Behaviour Analysis (ABA), and 111 participants participated in the Psycho-Oncology Certification Programme. These courses were designed to strengthen evidence-based clinical skills, therapeutic competencies, and interdisciplinary practice among students, professionals, and mental health practitioners. The programmes contributed towards capacity building in specialised domains while promoting accessible and quality training opportunities in psychological and rehabilitation sciences.



Workshops & Skill Development

IPYF Trust organised various workshops and skill development programmes during the year, benefiting 160 participants including students, professionals, educators, caregivers, and rehabilitation practitioners. The workshops covered areas such as mental health awareness, psychological assessment, behavioural interventions, inclusive education, counselling skills, rehabilitation practices, and professional wellbeing. These programmes aimed to enhance knowledge, practical skills, and interdisciplinary learning while promoting evidence-based practices in mental healthcare and rehabilitation.



Training Areas:



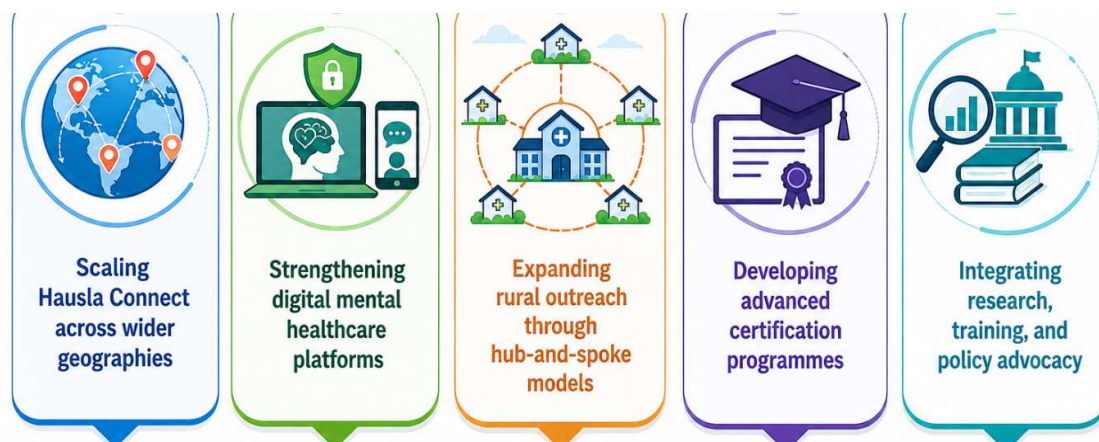
Outcome:



MOMENTS OF PRIDE (KEY ACHIEVEMENTS)



LOOKING AHEAD



CONCLUSION

The financial year 2025–26 represented a significant phase of structured growth and scaling for IPYF Trust. With strengthened systems, expanded outreach, and integrated service delivery models, the organisation continued to advance towards creating sustainable and inclusive impact in mental healthcare and rehabilitation.

